

As part of your aftercare we recommend:

- To cover facial wounds with either a compeed clear plaster or Vaseline. For body wounds cover with simple plasters.
- The wounds can be cleaned gently with soapy water when the dressings are changed every 1-2 days.
- The wound will heal like a simple graze during the next 7-10 days.
- Once the wound has healed we would then recommend silicon scar gel to massage in morning and evening every day for 3 months and this will help reduce the scar.
- In some skin types where there is a risk of over healing (when the scar becomes lumpy) the doctor may suggest using Fucibet cream on the wound for the first 2-4 weeks and then switch to using a silicon gel.
- Keep the wound protected from excessive or strong sunlight by either covering with a plaster or factor 30 spf during the first 1-2 months.
- If your lesion was sent for testing (histology) we will send you the result by a secure email 1-2 weeks later.

The wound goes through 3 stages of healing:

- **Stage 1:** Days 1-3 with some inflammation and slight pain.

- **Stage 2:** Days 4-14 the wound will proceed to being fully healed.
- **Stage 3:** Once the wound has healed the scar tissue will continue the healing process and the redness will begin to fade over the next 3-12 months.

Things to be aware of:

- If the wound becomes increasingly painful, red in colour and is spreading then this could indicate infection and you should contact us.
- Occasionally colour can reappear from the removal area up to 2-3 months post treatment. This is quite normal and just indicates that some deep rooted colour is coming to the surface and doesn't mean the mole is regrowing. If you are concerned about how it looks then please book in for a review.

Call 0207 3860464 or email: info@cosmedics.co.uk

Some other treatments that may be of interest:

- Laser hair removal for all body parts for men and women
- Botox for younger looking skin
- Facial fillers to reduce/get rid of deeper lines
- Hydrafacial for glowing complexions
- Clear lift laser facial rejuvenation to treat ageing, pigmentation, redness and acne